

Arlington Recreation Winter Program 2007-2008

Print Aspects Ad

Advertise Your Business in Our Seasonal Brochure or at the Veteran's Memorial Skating Rink!!!

Would you like Arlington Recreation to help you
get the word out about your services or an upcoming event?
Need more exposure in Arlington and the surrounding area?

Would you like to support Arlington Recreation?

**There are yearly options available for businesses to advertise in
the Veterans Memorial Ice Rink or seasonal brochure!!!**

Options include banners, illuminated signage, Zamboni,
scoreboard, or seasonal brochure.

Over 12,500 copies distributed each season!

Call Heather Maietta at 781-316-3879 for more information.

Current Advertising Participants

Arlington Little League
Coldwell Banker
NSTAR
Brookline Bank
Holovak & Coughlin
Palmer's Garage
Central Bank
Hockey Club
Patrolman's Assn.
Century 21
Paul Scull, DMD
Leader Bank
Seaboard Mechanical
Children's Fund
Mill Brook Animal Clinic
Sports, Etc.

Arlington Recreation Department
422 Summer Street
Arlington, MA 02474

Non-Profit Org.
U.S. Postage
PAID
Boston, MA
Permit No. 59927

**Arlington Recreation...
Sign Me Up!
Register Online at
www.arlingtonma.gov**

Registration Information:

**Mail-In, On-Line,
Fax & Walk-in
Registration:
November 19**

**Out-Of-Town
Residents:
November 26**



**Arlington Recreation
Department
422 Summer Street
www.arlingtonma.gov
781-316-3880**

*Ice Skating at Menotomy Rocks Park
Photo courtesy of Lynne Klosterman*

Arlington Recreation...Sign Me Up! Register Online at www.arlingtonma.gov

Veteran's Memorial Sports Center

The Veteran's Memorial Sports Center is an indoor ice facility located at 422 Summer Street in Arlington. The facility includes a regulation size rink of 85' x 185' with spectator seating for 1,085 people. Complete snack bar service (hours vary) and vending machines are available in the main lobby, along with skate rental and sharpening. Team rooms are provided for those renting ice time. The Veteran's Memorial Sports Center is open to the public during the months of September through March. The rink is a great place to host a school field trip or birthday party. For rental or event information, contact Dave Cunningham, Facilities Supervisor at 781-316-3882.

Public Skating Schedule

Sunday, September 30 to March 23

Cost: \$3.00 children (16 & under) & seniors \$6.00 adults

Mondays: 12:00pm – 1:50pm

Thursdays: 9:00am – 11:00am

Fridays: 11:00am–1:00pm; 2:30pm–4:30pm; 7:00pm–9:00pm

Saturdays: 4:00pm – 5:50pm

Sundays: 9:30am – 11:30am; 2:00pm – 4:00pm

Special Public Skating Schedule

No Public Skating:

Sun. 12/23: 2pm – 4pm (Christmas hockey tournament)

Mon. 12/24: (Christmas hockey tournament)

Thurs. 12/27 – Mon. Dec 31

The following Public Skates and Kid's Stick & Pucks will be added for February Vacation Week:

Mon. 2/18: 10am – 12 noon, Kids Stick & Puck, 12:30pm – 2:30pm, Public Skate.

Tues. 2/19: 10am – 12 noon, Public Skate, 12:30pm – 2:30pm, Kids Stick & Puck.

Thurs. 2/21: 9am – 11am, Kids Stick & Puck 11:30am – 1:30pm, Public Skate.

Special Public Skating Events

Ages 21 and up

Couples Night: Friday Dec. 7, 10:10pm – 11:40pm

Saturday Jan. 26, 9:40pm – 11:10pm

Saturday Feb. 16, Valentines Day Couples Skate 8:00pm – 9:30pm

Singles Night: Saturday Dec. 15, 9:50pm – 11:20pm

Friday Feb. 15, Valentines Day Singles Skate 10:10pm – 11:40pm

Saturday Feb. 23, 7:30pm – 9:30pm

Adult Public Skating: Saturday Jan. 12, 10:00pm - 11:30pm

All Special Public Skating Events will have Full Snack Bar, dimmed lights & Disco Ball!!! \$6 admission, \$4 skate rental fee, \$4 skate sharpening.

To Arlington Sports Center – Veteran's Memorial Skating Rink Patrons...

The staff at The Arlington Sports Center would like to extend its thanks to the many generous sponsors that have donated to and supported the facility over the years.

A very special thanks this year to **CAMERA'S INC.** for donating the new flat screen television, which is now located in the lobby of the rink, **LEADER BANK** for donating the funds to purchase the three new tables located in the lobby of the rink, **THE ARLINGTON HOCKEY & FIGURE SKATING CLUB** for donating the paint, which was used to re-paint the lobby, bathrooms and lockerrooms in the "traditional" Arlington colors, **PMI CONSTRUCTION** for cutting the new door in lockerroom 2, re-hanging all of the existing doors and the many hours of labor donated, **MUNROE CONSTRUCTION** for building and donating the protective case around the new flat screen television, and finally to Mark Boudreau for constructing the new puck and accessories container for the AHFSL and the new door which replaced the shower curtain going into the boiler room and compressor rooms.

Please help us in supporting these and the many others who support The Arlington Sports Center and The Arlington Recreation Department.

Sincerely,
David Cunningham, Facilities Supervisor

Kid's Stick Practice

Ages: 7-14

Dates: TBA

Cost: \$5/day

Time:

Men's Stick Practice

Ages: 18 years and up

Date: Thurs, Jan 3 – April 3

Cost: \$5/day

Time: 11:45am – 1:45pm

Women's Stick Practice

Ages: 18 years and up

Date: Fri, Jan 4 – April 4 (x: 3/21)

Cost: \$5/day

Time: 9:30am – 10:50am

Ice Rental Fees

Call Dave Cunningham, Facility Supervisor, at 781-316-3882 for complete details or an open ice time schedule.

Groups rental fees: \$195.00/50 min block \$200.00/60 min block

Skate Rentals & Sharpening

The Arlington Sports Center Offers Skate Rentals & Sharpening for \$4.00 per pair or purchase a 10 punch pass for \$40 (11th service is FREE)!! During public skating, regular business hours, and/or by appointment. Passes can be purchased at the Recreation Department or Skating Rink.

Ice Skating Classes

Students grouped according to age and ability. Participants must provide their own single blade skates or may rent for \$4/pair or \$20/session. Helmets are required for all skaters. Don't forget to dress warm...bring hats and gloves!!! All lessons held at the Veteran's Memorial Skating Rink (422 Summer St).

Tot Skate

Code 210203

Ages: 1-1/2 to 4 (w/parent)

(A1): Tuesdays, Jan 8 – Feb 12

(B1): Tuesday, Feb 26 – April 1

Time: 9:30am – 10:15am

Cost: \$60.00 for a 6-week session or \$12 per drop-in lesson.

Beginning ice skating made simple and fun!!! Introduce your child to the exciting sport of ice skating. Instructors emphasize proper balance and control. Parents and children are required to provide their own single blade skates or rent for an additional \$20.00 per session. Helmets are required!!!

Preschool Skate

Code 220202

Ages: 4 – 5 years

(A1): Tues, Jan 8 – Feb 12

Time: 1:00pm – 1:30pm

(B1): Wed, Jan 9 – Feb 13

Time: 2:30pm – 3:00pm

(D1): Fri, Jan 4 – Feb 8

Time: 1:00pm – 1:30pm

(F1): Fri, Jan 4 – Feb 8

Time: 1:45pm – 2:15pm

(A2): Tues, Feb 26 – April 1

Time: 1:00pm – 1:30pm

(B2): Wed, Feb 27 – April 2

Time: 2:30pm – 3:00pm

(D2): Fri, Feb 15 – April 4 (x: 2/22, 3/21)

Time: 1:00pm – 1:30pm

(F2): Fri, Feb 15 – April 4 (x: 2/22, 3/21)

Time: 1:45pm – 2:15pm

Cost: \$60 (w/o rentals) \$80 (w/ rentals)

Basic instruction and open skate for youth, without parents. Children will be taught how to stand up on skates, marching, dips, and forward skate. Participants are required to provide their own single blade skates or rent for an additional \$20.00 per session. Helmets are required!!!

Wednesdays

Beginning/Intermediate Skate Program

Code 220201

Ages: 5 and up

(A1): Wed, Jan 9 – Feb 13

Time: 3:00pm – 3:50pm

(A2): Wed, Feb 27 – April 2

Time: 3:00pm – 3:50pm

(B2): Wed, Feb 27 – April 2

Time: 4:00pm – 4:50pm

Cost: \$72 (w/o rentals) \$92.00 (w/rentals)

Join Arlington Recreation's, Alice Nichols and staff for this 50-minute class. Instruction will teach beginner and intermediate skills for youth. Students are grouped according to age and ability. Students will learn basic forward and backward skating, backwards wiggles, and snowplow stops. Participants are required to provide their own single blade skates or rent for an additional \$20.00 per session. Helmets are required!!!

Saturdays

Bay State Skating School Learn To Skate Program

Code 220201

Ages: 5 and up

(C1): Sat, Jan 12 – March 29 (x: 2/23, 3/22) **Time:** Noon – 12:50pm

(C2): Sat, Jan 12 – March 29 (x: 2/23, 3/22) **Time:** 1:00pm – 1:50pm

Cost: \$170 (w/o rentals) \$190 (w/rentals) for 10 weeks!!!

It's time to sharpen your blades for the coming winter season! Join Bay State Skate for skating fun. All teachers are professional ice skating instructors offering excellent classes for students ages 5 and up. The program is structured in 25-minute lessons and 25-minute practice time each week. A co-instructor is in attendance at all times. Students may wear either figure skates or hockey skates. Bay State Skating School provides over 38 years of experience teaching lessons to the public! Participants are required to provide their own skates or rent for an additional \$20.00 per session. Helmets are required!!!

Adult Skate

Code 220503

Ages: 18 + years

(A1): Tues, Jan 8 – Feb 12

(B1): Tues, Feb 26 – April 1

Time: noon – 12:45pm

Cost: \$60 (w/o rentals) \$80 (w/ rentals)



You asked for it, we are delivering!! Adult beginner skate lessons are now being offered. Adult skating is gaining popularity — join the fun! A great workout and a chance to meet other Arlington residents!

Woman's Hockey

Code 220507

Ages: 18 + years

A1: Wed, Jan 16 – March 26 (x: 2/20)

Time: 1:00pm – 1:50pm

Cost: \$150.00 for 10 weeks!

Equipment Required: Helmet, skates, hockey gloves, knee & elbow pads, and stick.

Arlington Recreation is now offering an adult recreational, non-contact hockey program for women! The program is designed for beginning/intermediate levels, focusing on skating, stick handling, shooting and team play. All women are encouraged to join, regardless of past experience! Child care (ages 1 year and up) is available during the program at the rink for those who participate.

Discount & Gift Tickets Available

Public skating Gift passes are available for purchase at the Arlington Recreation Office or Sports Center. Purchasing a pass is economical!!! These passes also make great birthday gifts or stocking stuffers for friends and family.

Individual Passes: \$3.00 child & senior, \$6.00 adult

10-visit punch passes: \$27.00 child & senior, \$54.00 adult

Toddler And Youth Classes

Snowman Contest

How many of you go out on snowy days and build snowmen? Well, we want to see them. Take a picture of you and your snowman, send it in to the Arlington Recreation Division, and the best submission will be on the cover of the 2009 Winter Recreation Guide. This is open to Arlington Residents only. Send in as many submissions as you'd like but they have to be in by March 31st. Let's see those pictures!!! Mail to Arlington Recreation – Snowman Contest c/o Dan McGrath, 422 Summer Street Arlington, MA 02474. No Fee!

Toddlers and Two's

Ages: 15 – 36 months (w/parents)
When: Every Wed & Fri Jan 4 – May 30
 (x: 2/20, 2/22, 3/21, 4/23, 4/25)
Time: 9:30am – 11:00am
Where: Gibbs Gym
Cost: \$45/10 visit pass or \$5 drop-in per child

Join Tanya Dall for this indoor play program geared towards tots and parents. The program is structured to develop gross and fine motor skills. Punch passes available for purchase on site. This is also a great opportunity for parents to meet others and socialize over coffee and donuts. Program does not meet holidays, school vacation, or when the public schools are closed for inclement weather.

Tot Hockey

Code: 210404

Ages: 3 – 6
When: Mon, Jan 28 – March 10 (x: 2/18)
Time: 11am – 11:45am
Where: Veteran's Memorial Skating Rink
Cost: \$60 for 6 weeks!



This program is intended to help your child develop skills for better balance and foot motion, emphasizing skating concepts and having fun through ice hockey games. Full helmet with cage, knee and elbow pads, gloves, stick, and single blade skates are required.

Mystic River Musik

Code 210205

When: Thurs, Jan 17 – March 13 (x: 2/21)
Where: Senior Center (Academy Street to 27 Maple)
Cost: \$115 For 8 weeks!

(A1): 10 months – 2.5 years: 9:45am – 10:30am
 It's winter! Come warm up with songs, chants, bounces, and lots of moving and dancing to music! We will explore age-appropriate instruments and materials, learn new songs, and sing familiar ones together. Words to new musical activities will be given. Siblings welcome, eight months and under.

(B1): 18 months – 4 years : 10:45am – 11:30am
 Come jump, play, sing, and take part in musical games with us! Animals will be the theme of many of our songs and activities. There are any age-appropriate instruments and materials to explore and use in this great program. Siblings welcome, eight months and under.

Fantastic Gymnastics

Code 210102

Ages: 18 months – 3 years (w/parents)
(A1): Tues, Jan 15 – Feb 26 (x: 2/19)
(B1): Tues, March 11 – April 15
Time: 9:30am – 10:10am
Where: Gibbs Gym
Cost: \$73 for 6 weeks!



This class is perfect for the two year old that is ready for some running, jumping, swinging and sliding. Parents work with their children on basic motor development in the gym. The children develop balance, coordination, and confidence using basic gymnastics skills and positions. Class format uses shape courses, balance, swinging, and bouncing areas. The instructor communicates through the adult to help accomplish the goals for the child. Program run by Tanya Dall.

Fantastic Family Gymnastics

Code 210402

Ages: 1 – 5 w/parents (Children should be able to walk well)
(A1): Tues, Jan 15 – Feb 26 (x: 2/19)
(B1): Tues, March 11 – April 15
Time: 11:00am – 11:45am
Where: Gibbs Gym
Cost: \$75 per child for six weeks

Get ready for some fun family together time. Children, with their parent partner, will experience fun play and learning on our gymnastic training equipment. Create an unforgettable experience together. Children not participating must be in a stroller or car seat at all times. This wonderful family experience is run by our tumbling instructor, Tanya Dall.

Little Monet's

Code 210401

Ages: 2 – 4 years (w/parents)
(A1): Thurs, Jan 17 – Feb 28 (x: 2/21)
(B1): Thurs, March 13 – April 17
Time: 10:15am – 11:00am
Location: Gibbs Gym, Lower Level Classroom
Cost: \$70 for 6 weeks!

Join us for a jammed filled six weeks of ooey, gooey, arts and crafts, stories and songs. Make a mess and have some fun while you watch your child create crafts that can be treasured for a lifetime. You don't want to miss this parent/child experience. Program run by Kids Just Love Crafts, Inc.

Kans for Kids

Donate clean, returnable bottles and cans to benefit Recreation's Youth Activities.

Dates: Saturdays, February 2 and April 5 • Time: 10am – 1pm

Drop Off Location: Skating Rink (422 Summer Street)

Toddler And Youth Classes

Tot Soccer taught by Major League Soccer!!!

Code 220105

Ages: 2 – 7 years
Session A: Tues, Jan 15 – Feb 26 (x: 2/19)
Session B: Tues, March 11 – April 15
(A1 & B1): Ages 2 & 3 meet from 2:20pm – 2:50pm **Cost:** \$49
(A2 & B2): Ages 3 – 5 meet from 3:00pm – 3:50pm **Cost:** \$99
(A3 & B3): Ages 5 – 7 meet from 4:00pm – 4:50pm **Cost:** \$99
Where: Gibbs Gym

This 6-week soccer program is designed to be an introduction to the sport of soccer for the budding superstar! The learning outcomes include trust, communication, social interaction, patience and a general improved interest in the sport of soccer. The technical outcomes are agility, balance, and coordination. Parents are encouraged to participate for the age 5-7 session (A3 & B3).

Fantastic Gymnastics 3 – 4

Code 220103

Ages: 3 – 4 years
(A1): Tues, Jan 15 – Feb 26 (x: 2/19)
(B1): Tues, March 11 – April 15
Time: 10:15am – 10:55am
Where: Gibbs Gym
Cost: \$73 for 6 weeks!

This program includes structured gymnastics instruction, and creative games. Class format includes a stretching time, followed by individual event instruction. Children will also be taught a class format used in future class levels which includes listening skills, turn-taking, and peer interaction. Teachers may ask for some parent escort until the child is comfortable. Taught by Tanya Dall.

Unorganized Sports

Code 220305

Ages: 3 – 5 years
(A1): Thurs, Jan 17 – Feb 28 (x: 2/21)
(B1): Thurs, March 13 – April 17
Time: 2:00pm – 2:45pm
Location: Gibbs Gym
Cost: \$50 for 6 weeks!

Anything goes in this NEW, one-of-a-kind class designed to bring out participants creativity through sports. This class is not for the scheduled at heart. Bring your ideas for new, wacky, wild, activities. Parents are welcome to participate.

Email comments, suggestions, ideas, and concerns to recoffice@town.arlington.ma.us

Itty Bitty Baseball

Code 220315

Ages: 3 – 5 years
(A1): Mon, March 10 – April 14
Time: 3:00pm – 3:45pm
Location: Gibbs Gym
Cost: \$50 for 6 weeks!



Don't put that glove away quite yet. Does your son or daughter love baseball or softball? This one-hour program will promote the basics of hitting off the T as well as fielding. The focus will be on having fun and learning more about the game. Players will use foam bats and rubberized baseballs for the drills and activities.

Fantastic Gymnastics 4 – 5

Code 220104

Ages: 4 – 5 years
(A1): Tues, Jan 15 – Feb 26 (x: 2/19)
(B1): Tues, March 11 – April 15
Time: 12:00pm – 12:45pm
Where: Gibbs Gym
Cost: \$73 for 6 weeks!

This class is for kids who are ready to step out and move. With the influence of positive reinforcement, children are afforded appropriate challenges which prepare them, physically and mentally, for our developmental gymnastics classes. Come join the fun as we learn gymnastics skills through obstacle courses, swinging on the bars, balancing on the beam, mat work and playing games. We will work on our strength and flexibility using our training equipment. Parent drop off please!

Biddie Basketball

Code 210302

Ages: 4 – 7
(A1): Wed, March 12 – April 16
Time: 2:45pm – 3:30pm
Where: Gibbs Gym
Cost: \$60 for 6 weeks!



This program is designed to introduce the basic skills and game concepts for basketball. Modified hoops and smaller balls will be used for better handling and play. Unique games will be introduced.



Quebrada Baking Co.

208 Massachusetts Avenue ~ Arlington, MA 02474
 781-648-0700

www.quebradabakingco.com

Toddler And Youth Classes



Level Gymnastics

Code 220101

Ages: 5 and up

(Session A): Sat, Jan 12 – Feb 16

(Session B): Sat, March 8 – April 19 (x: 3/22)

Where: High School Blue Gym

Cost: \$90 for 6 weeks!

Meeting times based on levels, NOT AGES. Girls and boys 5 years and up are welcome to participate. See below for level descriptions. Enroll in the level that best matches your skills. The instructor will evaluate at the start of class to determine appropriate match and make any necessary changes. This newly restructured program run by Tanya Dall and her staff begins with general warm-up and stretching. During each class, gymnasts will work on skill development based on the USGA requirements. Emphasis will be placed on learning new skills/routines, as well as reinforcing body awareness and safety.

(A1 & B1) Level 1: 9:00am – 10:00am

Level 1 gymnasts are new to the sport or have had basic tumbling classes and want to begin developing more defined skills.

(A2 & B2) Level 2: 10:15am – 11:15am

Level 2 gymnasts have mastered the basic skills covered in level 1 and are ready to advance. Examples of skills include: forward cartwheel; left and right round off on panel mat; pivot turn on toe; straight jump on high beam; step kicks (L&R) on high beam; etc.

(A3 & B3) Level 3 & 4: 11:30am – 12:30pm

Gymnasts in this category are expected to perform good execution and strong fundamentals of Level 2, plus skills such as shoot through on bars; good round-off and back hand-spring on floor; dive forward roll; and 180-degree single-leg turn-in coupe position are required.

(A4 & B4) Tumbling Class Only: 1:00pm – 2:00pm

In this fun and structured class, students will learn step-by-step the basics of tumbling beginning with simple postures and rolls, and progressing to aerials, handsprings, and flips. All this is taught with safe padding, equipment, and experienced staff. Skills such as Intermediate and advanced rolls, round-offs, handsprings, flips, aerials, and twists will be performed. All skills will be based on individual level, so this class meets the needs of the beginner and advanced tumbler.

Kindersports

Code 220301

Ages: 4 – 7 years

(A1): Thurs, Jan 17 – Feb 28 (x: 2/21)

(B1): Thurs, March 13 – April 17

Time: 3:00 pm – 3:45 pm

Where: Gibbs Gym

Cost: \$60.00 for 6 weeks!

If your child is unsure what his/her sport is or likes variety, join Kindersports! Introductory drills and unique games will be played in a fun, non-competitive atmosphere. Kids will also have the opportunity to make up games and activities on their own.

Weekend Warriors

Code 210303

Ages: 4 – 6 years

(A1): Sat, March 15 – April 26 (x: 3/22, 3/29)

Time: 9:00am – 9:45am

Where: Gibbs Gym

Cost: \$50 for 5 weeks!

A weekend version of our popular Kindersports program...soccer, baseball, basketball and more. Introductory skills will be introduced and unique games will be played. Instructor will also gather suggestions from the group as to what they like to play. Focus on two different activities each session.

Tiny Tigers Karate

Code 220901

(A1): Ages 4 – 6 meet from 3:00pm – 3:45pm

(B1): Ages 7 and up meet from 4pm – 5pm

When: Fri, Jan 18 – April 25 (x: 2/8, 2/22, 3/21)

Where: Gibbs Gym

Cost: \$130 for 12 weeks!



This program is designed for youth with or without previous karate experience. Our instructor introduces beginning students to basic punches, kicks, blocks, and forms. Student safety comes first as we emphasize the five rules: Effort, Etiquette, Character, Sincerity, and Self-Control. Bay State Martial Arts uniforms are required for all students and are available through the instructor for an additional fee (\$35). Fourth Degree Black Belt, Brian Sweetser has over 10 years' experience teaching children and adults and holds State and World Competition titles and has been inducted into the "International Hall of Fame." Min: 8; Max: 16.

AMC Movie Tickets

AMC Movie tickets are now available for sale at the Recreation Office on a first come, first serve basis (while supplies last). NO REFUNDS. Tickets are \$6.00 and are good at any AMC Movie theatre, Loews theatres, Cineplex Odeon theatres, and Star theatres. Get yours today!!!
Restrictions: Surcharges may apply at AMC premium locations and IMAX locations. Special engagements excluded.
Tickets valid seven days a week.

Toddler And Youth Classes

Good Sports

Code 220311

Grades: 1 – 3

(A1): Mon, Jan 14 – Feb 25 (x: 1/21, 2/18)

Time: 2:30pm – 3:30pm

Where: Bishop School Gymnasium

Cost: \$50 for 5 weeks!

Sports, sports, and more sports! Grab your friends and sign up for this great program. Each week we discover a new sport, meet new friends, and seek new challenges. We play new and old games and have lots of fun learning about sportsmanship, team play, exercise, and skill development. Games may include basketball, floor hockey, new games, interactive play, relays and more!

Jr. Tennis

Code 220306

Ages: 6 – 9 years

(A1): Mon, Jan 14 – Feb 25 (x: 1/21, 2/18)

Time: 3:00pm – 3:45pm

Where: Gibbs Gym

Cost: \$60 for 5 weeks!



Enjoy 45-minute lessons with Ira Kemp, Arlington Recreation's Tennis Pro. This class will focus on the basic tennis skills. This program is ideal for those who have never played before or have had some introduction to the sport. In an enjoyable and supportive environment, we introduce motor skill development, grips, balance, & basic strokes.

Parent/Child Tennis

Code 220310

Ages: 3 – 6 years (w/parents)

(A1): Mon, Jan 14 – Feb 25 (x: 1/21, 2/18)

Time: 4pm – 4:45pm

Where: Gibbs Gym

Cost: \$60 for parent/child pair (2nd child participation, add \$20).

Join Ira Kemp, 28 year Tennis Pro, for a one-of-a-kind program. Instruction will be given in the fundamentals of the game to both parent and child. Emphasis will be placed on the parent learning to coach. Both participants will be involved in skills, drills, and the mechanics of this wonderful sport.

Ask for Adam At Adams!!



Call for a
**Complimentary
Market Analysis
of your Home**

75 Park Ave * Arlington
781-648-6900

Email: arosenbaum@c21adams.com



Basketball Clinic – Grades 1 – 3

Code 220401

Clinic Dates: Saturdays, Jan. 5 – Feb. 23

Program Fee: \$60 per participant (T-shirts provided)

Location: Gibbs Gym

A1: 8:45 am – 9:45 am

B1: 10:00 am – 11:00 am

C1: 11:15 am – 12:15 pm

D1: 12:30 pm – 1:30 pm

E1: 1:45 pm – 2:45 pm



Basic skills will be introduced using drills and games. Instruction and games will be emphasized using 8-foot baskets and youth balls. Volunteer coaches are needed. If you are interested in assisting with the program, please contact Arlington Recreation at 781-316-3880. Please note that this program relies on volunteers... we'd love your help!!!

Super Sports

Code 220308

Ages: 7 – 10 years

(A1): Wed, March 12 – April 16

Time: 3:45pm – 4:30pm

Where: Gibbs Gym

Cost: \$60 for 6 weeks!

Join Program Supervisor, Dan McGrath, for an hour of sports and games, super sized! This type of super sizing will be good for you, we promise! Combining exciting activities, focusing on fun and fitness makes this class an hour you don't want to miss!

Mad Science® of Greater Boston

Code 220405

Ages: 6 – 10 years

(A1): Mon, Jan 28 – March 24 (x: 2/18)

Time: 3:00pm – 4:00pm

Where: Fox Library Lower Level Meeting Room

Cost: \$80 for 8 weeks!

Join the Mad Science hands-on science fun. We're crazy about science...and hope you are too! In this program, we'll have a blast exploring science and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, inquiry-based discussions, and amazing projects to make and take home. We'll join Bernoulli and Newton as we take an exciting look at the science behind aerodynamics and the properties of air ...under pressure; eliminate the mystery in chemistry; take a tour on the electron freeway in the world of circuit electricity; and experience some awesome forces...gravity...inertia...centripetal force...for ourselves. We'll also learn about water waves and the environment; explore the scientific secrets behind some famous magic tricks; investigate the fundamental principles of flight; and discover the strengths of triangles, cylinders and arches and how these shapes make for sturdy homes and skyscrapers. Min: 12; Max: 20.

Youth Classes

Middle School Madness

Code 220313

Grades: 6 – 8

(A1): Thurs, Jan 17 – Feb 28 (x: 2/21)

Time: 4:00pm – 5:00pm

Where: Gibbs Gym

Cost: \$60 for 6 weeks!

We're looking for 6th, 7th, or 8th Graders who want something fun to do after school. We'll play all sorts of games ranging from dodgeball to matt ball and pony express. A new game will be played each class. Participants will have a say in the games we play and the rules we use. Don't miss out on this class where you have a say in everything we do.

Fencing

Code 120913

Ages: 7 – 11 from 5pm – 6pm

Ages: 11 – up from 6pm – 7pm

(B1): Thurs, Feb 28 – May 8 (x: 4/24)

Where: Gibbs Gym

Cost: \$150 for 10 weeks!



Join us for this exciting sport—one of the fastest growing in the world! Fencing develops physical fitness, the ability to develop strategy and concentration, as well as camaraderie and respect. Learn fencing with Michael Tarascio, former member of the United States World Championship Team.

Backyard Rules WIFFLE® Ball

Code 220316

Grades: 6 – 8

(A1): Thurs, March 13 – April 17

Time: 4:00pm – 5:00pm

Where: Gibbs Gym

Cost: \$60 for 6 weeks!

Join Recreation staff member Dan McGrath for this fun and exciting wiffle®ball extravaganza. Games, Homerun Derby, and other "Backyard" style rules will be played. Teams will be made the first day with prizes going to the home run derby champ of the week and winning team! Register quickly as there are only a few spots available for each session.

Boys & Girls Lacrosse Clinic

Code 220904

Who: Grades 5 – 8

Dates: Tues & Thurs, March 4, 6, 11th, and 13th

Girls (A1): Arlington High Blue Gym

Boys (B1): Arlington High Red Gym

Time: 4pm – 6pm

Cost: \$60



Arlington Youth Lacrosse runs this popular program. Participants will learn the basic skills of the game, as well as participate in friendly competitive play. Please bring lacrosse stick, helmet (boys), goggles (girls), and a mouth guard.

Early Release All Sports Clinic

Code 220908

Ages: 7 – 12 years

(A1): Tues, Jan. 8th 2pm – 5pm

(B1): Tues, Feb. 5th from 2pm – 5pm

(C1): Tues, April 8th from 2pm – 5pm

Where: Ottoson Lower Gym

Cost: \$20 Each or \$50 for all three days!

The New England Sports Clinics, in conjunction with the Arlington Recreation department, is happy to announce that there will be a series of All Sports Clinics to be held after each release day. The All Sports Clinic is a unique clinic that teaches children how to play a variety of games in a relaxed, fun atmosphere. Our staff consists of high school coaches. These half-day clinics guarantee lots of fun and activity under the supervision of these fine coaches.

Youth Basketball League – Grades 4 - 8

League Dates: Sat, December 1, 2007 – March 1, 2008 (The league will not meet on Dec 22nd and Dec. 29th)

Fees: \$85 per participant Location: Ottoson Middle School

Grades 4 & 5 Girls: 8:25 am – 9:45 am

Grades 4 & 5 Boys: 10:00 am – 11:30 am

Grades 6 – 8 Boys: 11:45 am – 1:15 pm

Grades 6 – 8 Girls: 1:30 pm – 3:00 pm

Teams will be organized. The recreational program will begin with skill development and practices, followed by games the second half of the season. Volunteer coaches are needed at all levels. Please note that this program relies on volunteers. All those interested in participating in the program must register in advance. Fees must be paid at the time of enrollment. Enrollment is limited. Game shirts will be provided. Parents and spectators must wait in the lobby or stage area, away from the court. Please, no food or drink in the gym.

All Star Cheerleading

Code 220705

Ages: 9 & up

(A1): Tuesdays, Jan 8 – April 29 (x: 2/19,3/22)

Time: 5:30pm – 8:00pm

Where: Gibbs Gymnasium

Cost: \$200.00

This clinic will be composed of stunting, tumbling, dance and motion strengthening. Focus will also be placed on core conditioning and motion techniques.



Table Tennis

Where: Gibbs Gym

When: 8pm – 10pm Thursdays & 7pm – 10pm Saturdays

Admissions: \$8 drop-in cost per person

Ten tables, paddles and balls will be available for hot contests or family friendly entertainment. It's a chance for beginners to get started playing the world's most popular racket sport or for advanced players to receive some of the highest level tips and coaching in the area. All ages are welcome, please join us!

For more information about this program contact: Andrew Fischer 781-648-4718 or check out www.massttc.com for information about Massachusetts table tennis.

Youth Classes

Early Release Cooking Series

We are please to introduce our NEW Early Release Cooking Series, taught by Lori Deliso of Dave's Fresh Pasta in Somerville.

Ravioli Making

Code 220909

Ages: 4 – 8 (w/parents)

(A1): Tues, Jan 8

Time: 1:30pm – 3:00pm

Where: Fox Library Lower Level

Cost: \$35, parent and child

Let's get cooking! With an adult, children will have fun using the pasta machines to roll down dough, and shape into handmade cheese raviolis! How do you stuff all that filling inside that ravioli? Come learn how! We will have a story at the end of class, as we sample our products! Min: 6; Max: 8.

Learn To Cook

True Italian Style

Code 220909

Ages: 7 – 12 (Max: 10)

(D1): Tues, Jan 15, 22, 29, and Feb 12th

Time: 3:00pm – 5:00pm

Week 1: Antipasti (appetizers)

Week 2: Primi (homemade ravioli from scratch)

Week 3: Secondi (typically a meat course)

Week 4: I Dolci E La Frutta (dessert & Fruit)

Italians love to eat! Come to this four week class to see what the fuss is all about. Learn how to create your own Italian feast, all from scratch. Each class, participants will leave with a dish that they have created in class, to be enjoyed in your kitchen at home!



Daddy/Daughter Dance

Social for girls of all ages with their fathers, grandfathers, uncles and other guardians,

Friday, February 8

6:30pm – 8:30pm

Gibbs Gym

\$5 per ticket

Advanced sales begin January 7
at the Recreation Center

Snow Date: Saturday February 9

Need A Space To Hold Your Next Event?

Looking for an Inclement Weather Location?

Consider Renting the Gibbs Gymnasium!

Arlington Recreation rents the Gibbs Gymnasium and Lower Level Classroom to the public. Facility is open Monday-Saturday, 8am-10pm Single use or Long Term options available! Rental Fee for each space is \$35 per hour (long term) and \$62.50 per hour (short term).

For complete details or to book your space,
call Heather Maietta at 781-316-3879.

Youth Classes

Winter Ski Lessons At Nashoba Valley Ski Area

The Learn to Ski Program provides ski or snowboard lessons, lift tickets and transportation to the Nashoba Valley Ski Area in Westford, MA.

When: Five Wednesdays, January 2nd – January 30th

Time: 3:00pm – 7:30pm (times are approximate). Lessons are scheduled for 5:45pm. Participants will have time for free ski before lessons begin.

Who: The program is open to boys and girls in grades 3–8

Cost: The total program cost for transportation, lift-tickets, and lessons is \$225.00

Please note that registration numbers are limited and accepted on a first-come, first-serve basis. Parent volunteers are allowed to ski/snowboard for free, but must attend all five weeks of the program. Parent volunteers are assigned to same group for the entire program and are responsible for taking attendance, assisting with equipment rental, and chaperoning participants at Nashoba



Valley. Volunteer spaces are limited. If you are interested in being a parent volunteer, please contact Arlington Recreation at 781-316-3880.

Equipment Rental: There will be a mandatory fitting on Monday, December 3rd from 5:30pm – 6:30pm in the lower level classroom of the Gibbs Gymnasium. Rentals are an additional \$70.00 for the season, checks payable the night of the fitting directly to Nashoba Valley. If you do not make this fitting date, it will be necessary to go to Nashoba on your own before the first session for a private fitting. Helmets will also be

sold at the fitting for \$50.00. Transportation: will be provided by Arlington Recreation. Buses will meet and load in front of the Arlington Sports Center. Grades 3–5 will begin boarding at approximately 3:00pm and grades 6–8 will begin boarding at approximately 3:15pm.

Return location will be McClennan Park (located on Summer Street on the Arlington/Lexington line, across from Palmer's Garage). Buses will return approximately 7:30pm.

If a session needs to be cancelled due to inclement weather, The session will be made up the following Wednesday.

Arlington Youth Lacrosse

offers programs for U9 (grades 1-2), U11 (grades 3-4), U13 (grades 5-6), and U15 (grades 7-8).

ONLINE REGISTRATION (PREFERRED):

Go to our web site:
<http://www.arlingtonlax.org> and click on "Registration" from the left hand side bar.
 The rest is easy.

Adult Open Basketball

Ages: 18 & up
Date: Every Tuesday starting Sept 11 (x: 12/25)
Time: 7:00pm – 9:00pm
Where: Ottoson Middle School, Upper Gym
Cost: \$8/day or \$75/10 nights

February Vacation Programs

Tues – Fri, Feb. 19 – 22

Vacation Soccer with Major League Soccer

Code 220406

Ages: 5 – 12 years
When: Feb 19 – Feb 22
Where: Ottoson Upper Gym
Time: 9am – noon
Cost: \$125.00



Sharpen up your soccer skills over the winter break and have fun with friends in this interactive program run by experienced MLS Soccer Coaches. Participants will receive a t-shirt, soccer ball, evaluation, gift, and free companion ticket to an MLS game. Whether you are an experienced player or new to the sport, this vacation clinic is for you! Please bring snack and drink to the program.

Mad Science

Code 220407

Ages: 7 – 12 years
When: Tues – Fri, Feb 19 – 22
Time: 9am – 3pm
Where: Fox Library
Cost: \$200.00

This Mad Science of Greater Boston program offers hands-on science, cool program topics and take-home projects designed to stimulate the mind and spark the imagination. We'll have a blast exploring how science affects the world around us. We'll learn how science helps us protect our planet, and explore the animal kingdom, life cycles and habitats. We'll discover how to send secret messages and how to talk with numbers, just like computers. Young astronauts will explore the mysteries of space, and junior engineers will check out shapes, investigate arches and learn about structures. The children will get a chance to play with our "cool" equipment and participate in some "hot" demonstrations. And the science doesn't stop when the Mad Scientist goes back to the laboratory...we'll have take-home creations so the fun and learning can continue! Min: 12; Max: 20.

Multi-Sports/Craft Club

Code 220408

Ages: 4 – 7 years
When: Tues – Fri, Feb 19 – 22
Time: 9am – noon
Where: Gibbs Gym
Cost: \$125.00

Children will participate in a multi-sports program from 9am – 10:30am where they will be exposed to a different sport each day. May include soccer, floor hockey, kickball, and tennis, t-ball. From 10:45am until noon, the program will be jammed packed with ooey, gooey arts and crafts, stories and songs. Make a mess, have some fun as your child creates age appropriate treasures.

Arlington Half-Day All Sports Clinic

Code 220409

Ages: 7 – 12 years
When: Tues – Fri, Feb 19 – 22
Time: 9am – 2pm
Where: Ottoson Lower Gym
Cost: \$165

The New England Sports Clinics, in conjunction with the Arlington Recreation department, is happy to announce an All Sports Clinics to be held during February Vacation. The All Sports Clinic is a unique clinic that teaches children how to play a variety of games in a relaxed, fun atmosphere. Our staff consists of high school coaches. This clinic guarantees lots of fun and activity under the supervision of these fine coaches.

Participants should bring snack and drink to all Vacation Week day programs and lunch to full-day programs.

No extended day option is available for any Vacation Week program, Sorry!

Spring and Summer Registration Information!!! (Dates are approximate)

Registration begins Monday, February 25th
Out-of-town Residents: Monday, March 3rd

Spring Programming Information:

Our spring programming season begins Monday, April 28th. Many of our programs begin this week and continue through the end of June. Here are some of the great activities we offer:

- Kayaking • Track & Field • Hershey Track Meet
- Gymnastics • Dodgeball • Cooking Classes • Tennis
- Soccer • Softball • Baseball • Cheerleading
- Babysitting Certification • And Much, Much More!!!

Summer Programming Information:

Our summer programming season begins as soon as school resumes for the year and continues until the end of August. Here are some great summer activities to look forward to:

- Kids Corner • Club Recreation • Counselor-In- Training • Tennis
- Adventure • Discovery • Golf • Lacrosse • Basketball
- Soccer with MLS • Wrestling • Conditioning • Football
- Computer Classes • Cooking • And Much, Much More!!!

Advertise Your Business or Sponsor a Special Event!!!

There are yearly options available for businesses to advertise at the Veteran's Memorial Sports Center. Options include banners, illuminated signage, Zamboni, scoreboard, and message board (new).

If interested in advertising or to receive further information on available options, Contact Heather at 781-316-3879 or Dave at 781-316-3882.

Arlington Parks, Fields, And Facilities

Inclement Weather/Field Closing Line: 781-316-3886, (updated at approx. 2PM daily)

To request the use of a field or park for special event or outing, please submit a field permit request to Dan McGrath, Program Supervisor, at www.arlingtonma.gov, "recreation," "parks and fields," "field use request." Downloadable permit form can be also be found on Rec website.

Bishop Field: Bishop School (25 Columbia Road). Summer Street to Dunkin Donuts, left onto Mystic street, take another left onto Columbia Road.

Buck Field: 422 Summer Street. Field is located on the right of Arlington Sports Center (Rink).

Buzzell Field: 29 Summer Street.

Florence Field: Dallin School-185 Florence Avenue. Coming From Mass Avenue, turn on to Park Avenue then turn right onto Florence Avenue.

Gibbs Gym: Mass. Ave towards Cambridge. Second left after Walgreen's onto Tufts St.

Hibbert Playground: Hibbert Street.

Hill's Hill Field: 422 Summer Street on the far right of Arlington Sports Center (behind Buck Field).

Hurd Field: Located on Drake Rd. going down Mass Ave towards the Heights, behind Trader Joes and Walgreen's.

Lussiano Field: North Union Street at Thompson school. Off Broadway in east Arlington take left after Dunkin Donuts.

Magnolia Field: On Herbert St. /Magnolia St. Take Mass Ave. towards Cambridge, after the Lake St. intersections take your 4th right.

McClennan Park: On Summer Street near Lexington border

Menotomy Rocks Park: On Mass Ave going towards Cambridge, take right on Jason St. and go straight through the four-way stop. Park on right.

Ottoson Field: Take left after Saint James Church on to Appleton and left on Acton St.

Poet's Corner: Off Route 2 on Dow Ave.

Robbins Farm: Off Park Ave in the Heights. Turn left onto Eastern Ave. across from Brackett School.

Robbins Library: 700 Mass Ave.

Scannell Field: Mass Ave. towards Cambridge. Go past Walgreen's. Take a right after the set of Lights onto Linwood St.

Spy Pond Field: Turn onto Pond Lane across from the Boy's and Girl's Club.

Summer Street Field: 422 Summer St. on the left of the Sports Center (rink) on the corner of Forest

Thorndike Field: On Margaret St. Take Lake St. Off of Mass Ave. go past Hardy School and take left onto Margaret Street all the way to the end.

W. A. Peirce Field: Behind Arlington High School. (currently closed for renovations).

Whitmore Robbins House: 700 Mass Ave. Turn into the Robbin's Library parking lot and follow drive.

Birthday Party At The Skating Rink!!!

\$125 per party

Arlington Recreation will book birthday parties during all public skate hours. Participants will be given a private locker room to hold party (two hour time limit).

Apply for permit ahead of time at Arlington Recreation.

Call Dave Cunningham at 781-316-3882 for more information or contact by email at dcunningham@town.arlington.ma.us

Arlington Recreation Department

Email comments, suggestions, ideas, and concerns to recoffice@town.arlington.ma.us

Mission Statement

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities.

Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

Director's Corner

Hi Everyone,

I hope you enjoy one or more of the many programs we have to offer this coming winter season. This season we have changed our brochure distribution method to try to reach more potential participants. We try hard to offer a variety of programs for all ages and each season look forward to doing our best to meet the recreational needs of the community.

As hard as we try I am sure there are ways we can improve and expand our recreational programming and procedures. If anyone has any program ideas or suggestions for improvement please feel free to call me at Arlington Recreation or e-mail me at jconnelly@town.arlington.ma.us.

Thank you for your continued cooperation and support of the Arlington Recreation Department.

Sincerely,
Joseph J. Connelly
Director of Recreation

Recreation Department Phone Numbers

Main Number 781-316-3880
Fax Number 781-641-5495
Field/Program Cancellation 781-316-3886
Ice Rink 781-316-3887

Park & Recreation Commission

Nancy Campbell Leslie Mayer
Jim Robillard Jen Rotenberg
Don Vittars

Downloadable application forms and field permit applications online at www.arlington.ma.gov

Meet the Staff

Joseph Connelly
Director of Recreation

Heather Maietta
Program Coordinator

Dan McGrath
Program Supervisor

Laura Munsey
Administrative Assistant

Dave Cunningham
Facility Supervisor

Mark Linskey
Maintenance Craftsman

Keep Up To Date On Events, Latest Class Offerings, Cancellations, And Recreation Updates

Subscribe To Recreation E-News!

The Town of Arlington has implemented a new way of keeping its residents informed of events and meetings that are occurring in the town. Whenever a new event or document is posted to the Web site you have an opportunity to receive a copy of that posting in your personal E-Mail box, automatically.

Just visit www.arlingtonma.gov and click "SUBSCRIBE TO NEWS" You will be asked to provide you email address and choose what announcements interest you. Click "SEND MY REQUEST" And you are all set. It's that simple!

General Information

Payment

Payment must accompany all registrations. Checks should be made payable to "Arlington Recreation." MasterCard, Visa, and Discover are accepted. If registering via fax (781-641-5495), please use the downloadable registration form at www.arlingtonma.gov under "downloadable forms and permits." If choosing to register on-line, please visit www.arlingtonma.gov (Town Website) and click "recreation" to navigate to our homepage.

If registering for the first time with Arlington Recreation, you will need to create a household account. Please call 781-316-3880 if you experience difficulties. Non-residents are assessed an additional \$10 fee on each program with fees between \$1-\$50 and a \$15 fee on each programs with fees over \$50. We do not take phone registrations, sorry!

Financial Aid

Financial assistance may be available thanks to a Community Development Block Grant program awarded to Arlington Recreation. For eligibility information, contact the Recreation Office. Forms may also be downloaded at www.arlingtonma.gov.

Refunds

There will be NO REFUNDS unless a program is cancelled by Arlington Recreation. In the event that participants must cancel, household credit requests must be submitted in written form to the Director of Recreation. If approved, the percentage of credit may vary. *If you cancel after the start of a program, no credits or refunds will be given*

Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Attention Parents

All program participants are encouraged to bring water and snack to the programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

The Arlington Recreation Department's Winter Program 2007-2008 was designed and composed by



Inclement Weather

Please call the Field and Program Cancellation Line at 781-316-3886 to receive inclement weather updates on programs and fields operated through Arlington Recreation.

The Department of Public Works makes the decision regarding field cancellations. Once a determination has been made, the inclement weather hotline and the website are updated for your convenience. It is also our policy that if Arlington Public Schools close due to weather related issues, our programs will also be cancelled.

Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule.

Course Confirmation

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto www.arlingtonma.gov to view your household account history.

Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

Volunteer Opportunities

Arlington Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thanks to all who have already given their time and energy!!!

Scholarship Fund

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. If you choose to donate to the scholarship fund, please be sure to check the donation box on the registration form. Thank you!

Registration Form

Participant's Name:	Grade & School:		
Address:	City, Zip:		
Home Phone:	M / F DOB:		
Allergies/Medications/Limitations?:			
PARENT/GUARDIAN INFORMATION			
Guardian:	Cell Phone:		
Business Phone:	Email:		
EMERGENCY INFORMATION			
Name:	Phone:		
PROGRAM REGISTRATION SECTION			
CLASS	SECTION	TIME	FEE
1.			
2.			
3.			
I, the undersigned parent/guardian of _____, a minor, do hereby consent to my child's participation in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division. I also agree to forever release the Town of Arlington, Arlington Recreation, and all their employees, agents, commission members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division ("the Releases") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington-Recreation Division's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington - Recreation Division's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Town of Arlington-Recreation Division's athletic and recreation programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Arlington Recreation athletic or rec. programs.			
SIGNATURE _____			
Credit Card Payment: MC or VISA: Card # _____			
EXP. _____ SIGNATURE _____			

Downloadable application forms and field permit applications online at www.arlingtonma.gov

Become a Friend of Arlington Recreation

List of names appear in four seasonal brochures

Bronze List: \$50 Silver List: \$75
Gold List: \$100 Platinum List: \$150

All sponsorship funds directly benefit our programs.

Current "Friends of Arlington Recreation"

Platinum Members

The Capitol Theatre
Mystic Valley Lodge, A.F. & A. M.
Tara Leah Realty

Gold Members

Mr. & Mrs. Bartlett

Silver Members:

Sunshine Nursery School

Bronze Members

Abbott and Associates, Inc.

THANK YOU FOR YOUR SUPPORT!!!

COLDWELL BANKER

Residential Brokerage

Lynne Lowenstein
637 Mass. Ave.
Arlington, MA 02476
Mobile: 781.603.6260